Michelle Bryant - **00:51**

Facebook.

Mike David - **02:14**

Thank you. It's. 16.

Michelle Bryant - **05:42**

Hey, Mike.

Mike David - **05:43**

Hey, Michelle. How are you? Good.

Michelle Bryant - **05:46**

Feel like I've been running around all morning. I'm flying up to my community today.

Mike David - **05:53**

Oh, nice. When's, when's the last time you went?

Michelle Bryant - **05:59**

Good question. Before Christmas. It's been a while.

Mike David - **06:05**

You go, do you go often?

Michelle Bryant - **06:08**

No. Two to three times a year. Yeah. This time we're going up. I'm going up for our trustee AGMs. So we have an AGM in three communities in the actual community, in Prince Rupert and in Vancouver just to update people on status of the trust and all of that stuff were supposed to do. This was supposed to happen in July because I told them I'm not running for trustee in this election that's currently happening now. They're like, whoa, we need to move this up because Michelle can answer all the questions.

Mike David - **06:53**

Wow, that's interesting.

Michelle Bryant - **06:55**

Yeah.

Mike David - **06:57**

Do you think there's going to be anything interesting to keep an eye out for ltc?

Michelle Bryant - **07:05**

I don't think so. I think. I'm going to bring it up and say this is what I'm working on and this is how I see we can utilize some of our funds and then what's good about that is me not being a trustee no longer a conflict of interest.

Mike David - **07:32**

Yeah, good point. That's awesome. Anything else you want to discuss? Top of mind stuff for the event coming up?

Michelle Bryant - **07:45**

Not really. I'm glad that we have. I'm glad that our slides will be a presentation rather than in the dome. Was a little bit worried about that with the distortion. But knowing that our slides can be a simple PowerPoint is helpful and that they won't need that this far in advance and we can still have time to refine it over the next. Next week, I guess.

Mike David - **08:19**

Yeah. That was a huge weight off Tiffany's shoulders when they mentioned the. The deadline was. Was not in fact today, I think. Was it for the slides or was it Tuesday?

Michelle Bryant - **08:35**

Yeah, Tuesday for anything going on the dome and.

Mike David - **08:39**

Right.

Michelle Bryant - **08:39**

Yeah, I, I found out like. But I also don't. Didn't know what software was updated in the domes. Like. Oh, maybe. Yeah, very interesting. But I'm glad but nothing there. I haven't checked out the emails from yesterday afternoon. I was with the nation elders all day yesterday and it's been a busy week. It's been a short week and these short weeks, even though the long weekends are great, but the short weeks really pile up.

Mike David - **09:13**

Yeah. They just get backed in. Right. Yeah. I've been. Been dealing with this. I don't know if it's a cold or a little virus. I just been hanging on since Sunday almost. So. Yeah, I just need to rest. Get some rest on before next week there.

Michelle Bryant - **09:35**

Yeah.

Mike David - **09:37**

So I always. Wait, let me see. All right. And would you have the docket. Sorry, the document. Owens. I'm always switching laptops too. Instead of. Now we're almost through the. The first blocks of question.

Michelle Bryant - **10:37**

Yeah, I'm just going to share the. From the chat because I don't. I don't have the same document that you have, but I will share.

Mike David - **10:52**

This is for the. The questions.

Michelle Bryant - **10:54**

Yeah.

Mike David - **10:54**

The prompts.

Michelle Bryant - **10:56**

Yeah. All right. Can you see that?

Mike David - **11:02**

Yeah.

Michelle Bryant - **11:03**

So where we left off is question. We were just starting to talk about question 25 and then going into section six there.

Mike David - **11:14**

Yeah, perfect. And you said it's not the same document.

Michelle Bryant - **11:22**

I don't have the document that you are looking at.

Mike David - **11:26**

Really. Yeah, I know. It was a Google Doc. But I always.

Michelle Bryant - **11:31**

So there's a document folder in the invitation. So I go in there.

Mike David - **11:37**

Yeah. It's not in that one for some reason.

Michelle Bryant - **11:39**

Yeah.

Mike David - **11:40**

Which we should add it.

Michelle Bryant - **11:41**

Yeah.

Mike David - **11:43**

Well, basically, pretty sure I just took these, put it in its own document. That way we can share it back and forth. So we can do that and just kind of add it to that Google Drive. That way it's. It's always there.

Michelle Bryant - **11:58**

Yeah, for sure.

Mike David - **11:59**

And for this section 6 is there. There's more sections up there.

Michelle Bryant - **12:05**

No, I have. This is the first. This is the first part. So this is part one.

Mike David - **12:12**

Okay.

Michelle Bryant - **12:13**

So after this I'll have to do some prompts to frame out the part two, three and four.

Mike David - **12:19**

Oh, okay.

Michelle Bryant - **12:21**

Yeah.

Mike David - **12:23**

Okay. So we can just dive into this one, I guess.

Michelle Bryant - **12:26**

Yeah. So just to kind of go back. I'm gonna go. I did a lot of chatting here. So part one was the economic disruption. Part two was the scarcity inheritance. Part three was the reclaiming wealth. And part four was building generational strength. And so part one are the first few chapters. Like the four. The four chapters.

Mike David - **12:58**

Yeah.

Michelle Bryant - **12:59**

Yeah. And then. So I think what we decided was once we finished off talking about this, we would run the transcripts to see what may have come out of this that didn't come out of the initial chat and then. And then frame the next part.

Mike David - **13:19**

Yep. Perfect. Oh, did I share the presentation that I did with the grade 11s?

Michelle Bryant - **13:28**

No. How did that go by the Wayne?

Mike David - **13:32**

It was so fun, honestly. It was. There you go. A couple last minute things that we didn't quite nail for some of the pages, but yeah, overall it was so good. The, the first, I would say 10 minutes, like I was trying to like, get them engaged and they weren't taking the bait. I was like, oh, this is gonna be rough.

Michelle Bryant - **14:04**

Yeah.

Mike David - **14:07**

So sorry, Can I get Americano, please? Yes. Thank you. But then when. That's when. And then my NLP training kicked in a little bit. And when I showed them that.

Michelle Bryant - **14:31**

The.

Mike David - **14:31**

Part on compound interest, I used exactly the wealth mastery bet on golf and just like Tony, you know, left out polls 12 to 18. So that way they couldn't do the math visually and easily and they were just like blown away by, you know, how much it was. And then I went to the person one person, two scenarios where person one saves from age 17. And we actually rejigged the numbers to have it to take a minimum wage scenario and a part time minimum wage on top of that. So 20 hours a week, making $16 an hour. We started with like, you know, you're. We. I want you to commit to paying yourself first, shaving off 10% of whatever you make going forward. Can you make that, you know, commitment to yourself? And then most of them, that was step number one.

Mike David - **15:49**

So I didn't have full buy in. That's where like, some of them were, like, you know, hesitant and, you know, not really playing along until we got to that compound interest. Say if you were to take 10%, making minimum wage, part time, putting it worked out to be like $128 a month, you can see it on one of the slides and then you're putting it away in a TFSA or something like that, making 10%. Thank you. So monthly from 7, age 17 to 27, and you stop investing it. Right. Classic Tony wealth mastery thing. And person number two, they only start at 27 and they do the same amount up until age 65. So everything, all things, all the variables, the same thing except for how long and when they realize, like they can hit a million dollars in their life.

Mike David - **17:01**

Sure it's going to come when it's 65 and you know, again, using minimum wage throughout their life. But that like, really just like opened their eyes and I think that really landed. So after that, like, they were just bought in. Like they were so much more engaged, so much more. So. Yeah, I mean, probably my biggest takeaway was, you know, again, it goes back to mindset. If you can't believe, if you don't believe that you can do it. It's. It's not a real thing, you know.

Michelle Bryant - **17:35**

Yeah.

Mike David - **17:35**

You're not gonna, you're not even gonna do the things that you need to do if you can't believe that it's even possible. And so once they found out it was possible, then it was just like, how, you know, like, so they had the mindset, they had the new belief, and then it was just a question of when can I get started? Pretty much. I was like, well, technically you have to be 18 to start your TFSA. So you guys are almost there. And, and some of them, one of them actually, she said she's been saving. She saved up almost 10,000 bucks. And it's in her. And, but it's in her savings account. So I'm like, you're two thirds there. Just like a 2 millimeter shift.

Michelle Bryant - **18:22**

Yeah.

Mike David - **18:22**

If you put it into, you know, compounding environment, you're. You're going to be way ahead. So. Yeah, I think it just really made it so concrete and they were very excited, which was just amazing. So. Yeah, that was fun.

Michelle Bryant - **18:42**

That's great. And, and I totally agree with you about like, once you show them what's possible, then you, their imagination just goes like, I can, it's. And it is that belief. It's like you, they go from like, I can't do this. Nothing out there is supporting me to, wow, like, all I have to do is this and I can have that. Yeah. So important to show those kinds of examples, to shift that belief from scarcity and survival to abundance.

Mike David - **19:17**

So huge. Yeah. It was like a little, it was like a little mini Tony training.

Michelle Bryant - **19:22**

Yeah.

Mike David - **19:23**

I had to do, I had them do the triad. I had like one of the students volunteered, so she got up in front of the whole class. We did the slouching down, you know, like physiology.

Michelle Bryant - **19:36**

Yeah.

Mike David - **19:36**

What are you focused on? You know, the disempowering. I can't do this. I'm not good at this. I never will. And then, you know, broker pattern got into an empowering state. Good physiology, stressed out, looking focused. I can do this. I'm learning. I'm learning to build wealth. I'm learning to be good with money. And I was like, what's the, what do you notice was the big shift? She's like, oh, I, I feel motivated. I feel. What's the word that she used? Something along those lines.

Michelle Bryant - **20:14**

Yeah.

Mike David - **20:14**

So like, see, like literally like just 30 seconds ago you were feeling. And the other one was, I had her name, that state and she was like, I feel depressed, like okay, good. And then 30 seconds later she was feeling motivated. She was feeling whatever the term she used, I forget.

Michelle Bryant - **20:35**

But.

Mike David - **20:37**

So yeah, that was another kind of great exercise. But yeah, pretty much just ran a couple mini Tony event which is on.

Michelle Bryant - **20:47**

That's great. Look at you public speaking.

Mike David - **20:50**

Yeah, I know And I, I told Leia yesterday, like I want to do a trainer's training which is. So you have NLP practitioner, master practitioner and then trainers training and it's all about like it's all about public speaking basically. So I might do it in July with Richard Bandler who was the co. Founder of. Co founder of nlp. And Tony trained directly under him. So I may do that then I like I enjoy you, invite you to join if you want. He holds his seminars in Orlando for a week. I might do my practitioner and trainers training back to back two weeks. But yeah, I wanna get good at this.

Michelle Bryant - **21:41**

Yeah.

Mike David - **21:42**

This thing called public speaking. Because this scares the show.

Michelle Bryant - **21:46**

Yeah, yeah, it really does.

Mike David - **21:50**

It takes, it takes so much energy, so much like cognitive load and I think that's why I was a little like low energy all this week because I'm just. It takes up so much capacity in my brain for sure.

Michelle Bryant - **22:07**

Absolutely it does. And then once you were probably like so exhausted once you finished it because I was wrecked. Your body was able to then rest because it was done.

Mike David - **22:18**

Yeah, yeah. I checked my whoop and it said I was in stress for seven and a half hours. Like high stresses. I was like, Jesus, like it's grade 11. Like what? Like it's so funny. So anyways, I want to get better at it. I will get better at it and I take enough steps to do that. So yeah, let's dive in. I think we got some good questions lined up.

Michelle Bryant - **22:46**

Yeah. So let's start with the 25 in the section 5. Why this book exists. If this book succeeds, what would change in how indigenous people think about wealth?

Mike David - **23:00**

Oh, I think I would have a new answer to this new distinction at least would. Would be that it's in first of all, I think understand it a little more, a little bit more what it isn't, what it includes. Right. And, and most importantly what it's achievable that it's, it doesn't, you know, you don't need to become a doctor or you start a massive business. It's, it's just, you know, it's small little hobbits that need to be built and putting the Right. Systems in place. A lot of it is. Is really that, like, automate it. And so I think. I think if the book succeeds, what would change and how people. Yeah, I think that it's first of all achievable. Therefore, you know, it'll shift a lot of beliefs around that it's not only is it achievable, that it's.

Mike David - **24:17**

It's desirable, that, you know, it's not a bad thing. And the mechanics, habits, systems, resources and tools to achieve that thing. And I think redefine, redefining wealth. I mean, we talked about it in class where wealth is not just a financial component. It's relationship, purpose. Relationship, purpose, time, and definitely a financial component. But yeah, that's how I would kind of answer that now.

Michelle Bryant - **24:59**

Yeah, for me, ditto all of that. And I would just add. I would add that if it succeeds, we. It's. It's the major shift from survival and scarcity to abundance. And it. Because of that shift, it re. It reconnects people to community focus. It shifts the mindset from, like, what about me? To. To the collective, which is where we started from before colonization. You know, the community took care of each other. People had a responsibility, and we thought more holistically than we do now because of survival and scarcity. So I think it gets us back to that place of connection and community and abundance because we've shifted out of that scarcity mindset.

Mike David - **26:04**

Yeah. And like, to that exact point. Like, we don't know what the second order effects come from that. Once you make that shift, everything looks different. Literally everything looks different. You start making different decisions, like different goals, different actions, different behaviors. We start looking at ourselves in a different way. You know, it's. It goes up right to the identity level and. Which is a very powerful shift.

Michelle Bryant - **26:38**

Yeah. Yeah.

Mike David - **26:41**

Right.

Michelle Bryant - **26:42**

Okay. So the big picture, these are the questions. When you think about the next generation, what kind of financial reality do you want them to inherit? What would indigenous economic sovereignty look like in practical terms? What does wealth as medicine mean to you personally? What would it mean if indigenous families were constantly or consistently able to build and transfer wealth across generations? And what do you hope readers feel after finishing the first chapter of this book?

Mike David - **27:18**

Great question. Well, For some reason, the term just like ownership comes to mind and everything that kind of comes from that. I think it builds on the identity that were just talking about. Once you start thinking of yourself as an owner and a participant in your future, but you have options. It's. It's a. It's A night and day worldview. And it's like a tectonic shift that is made when you start thinking in those terms. When we are owner, we are, you know, we have options, we have. Control of our surroundings and destinies. Ultimately I, I think when I think of the next generation, I, I always do want to be my. I, I don't think we would necessarily because it's such a new concept to us. It's going to take time to really grapple and take hold and to integrate.

Mike David - **28:49**

But like nobody wants like a trust baby, trust fund baby attitude right where it just, you know, it's just everything is just given to them and there's no appreciation, there's no gratitude, there's no connection to reality and what the muscle that was built to get, you know, reads that those opportunities to begin with, maybe two generations will have to think of that. But I think phase one is just starting to see that it's the financial reality is that we do have options for the first time and you know, moving, starting to like break the ground or chip away at that scarcity mindset that we refer to a lot. I think that's going to be the big opportunity for your next generation. And just thinking now thinking about. Things in a very different way and that's like socioeconomic.

Mike David - **30:09**

That's, that's everything from the individual's self actualization and what, you know, able to do what. And the belief that will shift on that level. I think as which will affect the community and you know, or even the family unit for that matter. That's gonna be the solemn shifts and then kind of just hoping the circle of influence expands beyond and keeps expanding beyond that. And I think yeah, like wealth is medicine. I think it really is expanding the definition of it from something that is very. That and that can be seen as a very self serving thing to something that's more holistic and that includes every area of life. You know, my personal philosophy is health wealth, relationship equals happiness or health happiness. I'm not there, haven't quite figured out the equation yet.

Mike David - **31:32**

But yeah, I think as we have more options we will naturally choose the better option. Right. With the more holistic approach, the healthier option. You know, I think if, I mean just for a very rudimentary example like if most people, if we had to choose from a Big Mac or a steak and salad with you know, we're going to choose the steak and salad the healthier option that our body wants and needs. So. Yeah, and I think the wealth transfer, we can start truly thinking about seven generations in a, in a very different way. And I think that'll, that may even change the concept or at least update the concept of like seven generations, because it hasn't for the most part included the financial aspect.

Mike David - **32:54**

So I think once you add into that and you add in ownership and you add in like individuals and families being able to. I think, you know, solve the money problems. Yeah, I think there's going to be some profound shifts to happen because of that. I guess that's how I would answer that.

Michelle Bryant - **33:34**

So when I think about the next generation, the financial reality I want them to inherit is that anything is possible. That if they can dream it, they, and they can put action to their dreams, that they can create a reality that is entirely their own creation. And I think that's a very different reality than, than our parents and grandparents grew up with. For our generation, I think we started, obviously we've started to see it, but it's not entirely there yet. And so that financial reality is we have every opportunity at our fingertips and no one is going to give it to us and hand it out and that we need to put our dreams into action, like put action to our dreams.

Michelle Bryant - **34:39**

And I want them to have those opportunities, such as the one that you gave the grade 11 students is to see someone who looks like them succeeding and it gives it plants that seed that they could do it too. And I think this book will definitely help with that. Not just for the next generation, but for this current generation, like the generations from like birth to elder really and helping to understand what has shaped our reality and forming a new belief that they can shift that. So yeah, that's very like big picture and I guess that's the part of this chapter is that they get to define what their success looks like. And it's not defined by their parents or somebody else or society.

Michelle Bryant - **35:49**

But you know, is it making $100 million, is that success or is it making enough like for myself that I can have connection with my family and do things that light, that fill my cup and light me up and yeah, really understanding that there's a definition that is self created and shouldn't be compared to somebody else whose definition of success doesn't match theirs. So back to what you said is like, I like the options. Understanding that they have options and there's a bigger. There's a big. They could think at whatever scale that they want to, but understanding that there's options.

Michelle Bryant - **36:44**

And I like what you said earlier too about the identity shifting from that this is all that I have in this tiny little box to the box is way bigger and you can't even see the boundaries of the box and the lid is wide open so you don't even have to stay in the box.

Michelle Bryant - **37:10**

The indigenous economic sovereignty in practical terms, and I guess this relates to the individual too, is where communities get to decide what that looks like and that the restrictions of the Indian act are no longer there and indigenous communities get to participate in the economic opportunities that everyone else does, regardless of if they're on federal land or crown land or whatever that basically the handcuffs are off and we have the opportunity and we get to shift the colonial boundaries and restrictions and we get to co create those policies or the path forward that so that systems are designed for us and we partake in what that design looks like and they're designed for our success.

Michelle Bryant - **38:22**

And it's when like in very practical terms, it's when indigenous community's own source revenue overtakes government transfers and they can fully fund their community on their own source revenue and they can also build for the future. And so when we're thinking beyond can we survive this year in the next fiscal to can we do we have enough own source revenue to ensure that we can build out our next 10 years, our next 20 years, both with plans in place and money in the bank in order to do that?

Mike David - **39:04**

Yeah,.

Michelle Bryant - **39:07**

Wealth is medicine. Personally, every time I, I see it and I especially when I say it's really, to me it's that shift from scarcity and survival to abundance and abundance, like I said earlier, defined on your own personal terms and shifting from I don't have enough to I have way more than I can ever dream of. Because it's not just financial, it's the family, it's the health, it's the friends, it's everything that I have in my life that I can feel grateful for because it's in my life. And even the, you know, the teachings that you get along the way from the not so great things that happen in your life. And I ched up talking about this part.

Michelle Bryant - **40:09**

I was just reading a, I was reading a post from when I was today is like it was a memory from 2020 when I was going into my fifth chemo session and I think back to Those days when I was literally going through hell. But I kept the teachings of like, I can't think in that I can't heal, in that mindset of scarcity. I have to, I have to be grateful for this experience that I'm going through and what it's teaching me. And, and that's real medicine. You know, I was going through the hardest journey of my life and I wasn't feeling defeated because I forced myself to see the gratitude in it. Like, what is this?

Michelle Bryant - **41:11**

And, and one of the things that I read is like, it was at the three month mark after I had left or stopped working and I couldn't shut my brain off. And it took me three months to come to a reality that it's okay to slow down, it's okay to not work every day, it's okay to not be so tuned in and plugged into everything that I forget who I am and what is important to me. So for me, like, that's what wealth as medicine is. It does heal when you stop thinking about wealth as just money. Yeah, that's.

Mike David - **42:01**

Yeah. Thank you for sharing that. That's. That was six years ago you said.

Michelle Bryant - **42:05**

Yeah.

Mike David - **42:06**

Wow.

Michelle Bryant - **42:09**

Yeah. And like this, the fifth chemo session is when they switched over. They switched over the drug. So first four rounds were one drug and the second four rounds are a different drug. And it put me in the hospital and it was Covid. So like, no one, I, I literally had to get dropped off at the front door and walk in myself. No one can be in there. And I'm thinking I'm having a heart attack because my heart's racing. I couldn't, I could barely. Mike, I could barely walk. My daughter had to put me in a wheelchair and it was awful. I remember being in there and my husband, Trenton was at work and so I had to call them. I'm like, I'm going to the hospital. I don't know what's going on. I think I'm having a heart attack. And.

Michelle Bryant - **43:12**

And so he's like operating a locomotive at the time. And so he like stopped and he forgot something and to do something, it didn't cause any issues, but he just forgot a piece. Right. And so anyways, like, he couldn't even come. He had to wait outside the hospital to. Until they said everything was okay. Like they ran all sorts of tests and what happened was they. Just because of my size and weight, they, they, they didn't intentionally give me too much. That was the protocol. But my body wasn't able to handle the amount that they gave me. So they scaled it back to 75% and I was able tolerate it in the next session. But it was like the scariest part of my life. I'm like, can get through. Gotten through four sessions and. And now like, what is this? And that. The.

Michelle Bryant - **44:14**

Those last four sessions of chemo, like, literally took me out where I. I was in bed for five days and I couldn't get out of bed because I was. I would be out of breath walking five feet to the bathroom. It was terrible. But in those moments, I was like. I remember laying in bed and saying. Saying to myself as like, my body's in pain. I can't move. And I'm starting to feel sorry for myself. And I'm like, what am I grateful for right now? I'm grateful for my comfortable bed. What else am I grateful for? I'm grateful for that my family is locked in this house with me. What else am I grateful for? I'm grateful that I have friends looking after me and. And giving me energy when I need it. And. And so it's just like the. What else?

Michelle Bryant - **45:08**

And it's like you were talking about with the kids and the change of state and. And so what I really hope people understand from reading the book is that it doesn't matter. It doesn't matter. The state that you're in currently, it could be the worst state of your life. But the important thing is to remember what are you grateful for and what are the good things that are around you and. And, you know, really shifting that belief from the poor me and feeling sorry for yourself to how can I empower myself? What can I do right now in this moment to empower myself to shift out of this state. Yeah. That deep emotional about it.

Mike David - **46:02**

Thank you. Yeah. I mean, to find. To find gratitude in that moment. Wow. Like, that's. I can't imagine. It's incredibly curvace for going through that and having that. That mindset. Thank you for showing that.

Michelle Bryant - **46:29**

Yeah, it was pretty. I think back and all I can do, like, in the going through it, you're fighting every day. You're fighting for your life every day, and you don't realize it until you're through it. It's kind of like, you know, the speaking, you're. You build up to it and then all of a sudden your body is like, what. What did I just go through? It feels like I run a marathon.

Mike David - **46:56**

Yeah.

Michelle Bryant - **46:57**

And like amplify that a Hundred times, thousand times after. Like, I remember the last treatment of radiation and standing outside BC cancer, and I'm like, finally, I'm done. And. But, but then there's the after effects. And you know, in some cases those are worse than the actual treatments themselves because during the treatment you expect it, but in the after treatment you don't. They, it comes and goes and you, there's, you can't expect it. You can expect it to a certain extent, but you just don't know when it's coming.

Mike David - **47:38**

So it's like, yeah, I, it just makes me realize like everything that I've dealt with up until now, it's just like, it's like first world problems. Yeah. It's just health is really. I mean, it sounds cliche when you hear it sometimes, but like, you know, the sick person that, like the person that is sick only has one wish to help you. Man has, you know, many wishes, but it's so true.

Michelle Bryant - **48:22**

It's big.

Mike David - **48:23**

Yeah.

Michelle Bryant - **48:24**

All right, next question. And I guess that it kind of builds into what I talked about. Like if families were consistently able to build and transfer wealth across generations. Just relating to what I just said, when you're in those situations where you are sick and you can't work, you have something you're not worried about. Can you pay your bills? Can you pay your rent or mortgage? Can you put food on the table? You won't have to worry about that. We would like the wealth as medicine would continue to heal across the generations because you have options, because you're rebuilding those connections to self and community and reframing your mindset from scarcity to like, I have all of this in front of me. I am so grateful for everything that I have, big and small. It shifts to that continuous growth mindset. I feel because.

Michelle Bryant - **49:36**

Not because you don't feel enough at the next level, but it's like, what else can I do? How else can I serve? How else can I contribute? And yeah, I think there are compounding effects to being able to transfer wealth across generations. But with it, I wrote that there also becomes, there also comes a responsibility. A responsibility to go back to our teachings about how do we not necessarily protect wealth like we protect the land, but how do we have a relationship with wealth? Like we have a relationship to the land. And that's where the holistic thinking and holistic approach comes from, with that wealth. And, and like I said, it's not just money. Like we talk about it mostly relation to money. But it's healthy communities. Right.

Michelle Bryant - **50:40**

You can't just throw all of this, a windfall at people and expect them to see it as medicine because they're still in the same mindset that they have been with scarcity and survival. And so how, like how do we help people shift that mindset? And I think that's what this book will help is some people don't even know where they are. They don't know what scarcity means, they don't know what survival mode means. They just live it.

Mike David - **51:15**

Yeah, yeah.

Michelle Bryant - **51:16**

And so defining it makes people think like oh, but also not just defining it, but what else is out there. And giving people tools and different resources to create, to build that responsibility, to transfer wealth. And like the feeling that I hope readers have after finishing this first chapter is like is possibility and faith. Faith that doesn't matter where they are right now that if they take, if they are able to put into action something small right now that they can see that like that 2 millimeter shift will compound over decades. And what does that look like potentially look like? So definitely would like them to feel a sense of gratitude and pride in where they are now so that they can continue building on that for where they want to be later on and seeing the possibilities.

Mike David - **52:39**

Yeah, yeah, absolutely. A couple things came to mind like the making the connection like you said, like and expanding the sense of stewardship and responsibility like from. From land to wealth and really possibility and options like you said, it's such a major shift and I, I think it kind of, it can be a forcing function to be transferred something and said like this is part of a legacy and you play your part in a larger system and relationship and you know, if the sense of that. What better term to use other than stewardship. But yeah, I think when we're able to hand something down to somebody and you know the importance of it, you know, so it's, it's like being given a gift and it's your job now to preserve this and grow it and grow or preserve depending on or, and preserve ideally.

Mike David - **54:17**

But yeah, I think that's going to be a major. That we'll be able to make more people, will be able to make more communities, more individuals, more nations and it'll, you know, it'll force us to grow up in a lot of ways also. Like not like we're gifted this, this resources now. You know, it's Kind of now there's urgency and a need to learn, you know, the art and science of how to manage this thing. Right. So, yeah, I think that's going to be exciting to do for the first time, just transfer well and everything that comes with that. I'm kind of going like, I forget what you said that kind of triggered it, but going from like, what do we need to cut to make the budget to fit the budget to like, what can we invest in and build?

Mike David - **55:36**

And just that again, mindshare. And the other thing you mentioned about like having models, seeing people that achieve the things that you want to do. I noticed. And I'll keep your. I'm pretty sure I shared these books with you before, but been a big fan of these two books right here and they're on the audiobook as well. But these two guys, Balaji and Naval are my new, my new models. So where they, you know, they focused on their focus is. And these books are like somebody else kind of compiled them. They didn't write these books themselves. Kind of a third party. But these guys are, you know, entrepreneurs, investors. Naval kind of, you know, evolved a more spiritual side. So his, I think a more holistic view of wealth creation on, you know, living the ideal life.

Mike David - **56:48**

And Balaji is very contrarian in his views about, you know, truth, Like building your own. Like, if you don't agree with banks. One of his classic kind of quoted quotes are, if you don't like the banks, then build Bitcoin. You know, if you don't like the cnn, build Twitter. You know, build. Like instead of complain about something, just build something better. Yeah, I think that philosophy is so crucial. But these are my new kind of models, right? Sure, they're probably billionaires or whatever. Like they have unlimited resources. But it's not just about money. It's. It's about like, okay, like we did the right things. Here's the recipe to do that, right? To build wealth and all that. But what are we doing with that? Like, what is that enabling us to do? Money is just a vehicle to create change, to build your own.

Mike David - **58:00**

To think about what kind of infrastructure do we want? What kind of societies do we want to live in? Bali is literally creating his own society somewhere in the Philippines. So, yeah, so, yeah, really kind of next level thinkers as far as, you know, like, getting wealth is great and it's, it's good. It solves your money problems. But then what do you do with that? You know. Yeah, what's, what's the, what's the larger picture and how can you know, make it dentist in the world. That will make a positive impact. So. Yeah, but yeah, kind of to your point, like the more models we have, the more people that are our elementary school students can look up to, then you know, it makes it that much more achievable.

Mike David - **59:08**

And I call myself like the day of it and still like thinking about how could I have made that presentation better? Like, oh, I could have added this, I should have added that. So yeah, like all of these little gold nuggets that I, I wish I told them no. So it's kind of funny. But I offered to them like it's the principle. Like you know, if you want to make this a quarterly residency or annual, I'm totally down for it but I see the opportunity. For me this was kind of like a testing ground for the platform that we want to build. Right. To get that real time feedback.

Mike David - **59:53**

So yeah, I mean I'd love to scale this idea and how can we bring this knowledge, democratize it and if it's workshops, if it's, you know, figuring out a distribution, I think it's going to be crucial to make it accessible to everybody. So we'll see how that kind of evolved there. But yeah, it's a really good experience for me and it just kind of adds so much more concrete context to what, what we're building.

Michelle Bryant - **01:00:35**

So yeah.

Mike David - **01:00:37**

Set of stuff.

Michelle Bryant - **01:00:38**

Oh, that's great. I always find too like you were saying, I, I should have told this or I could have added that. But then I have to remind myself this is not a full course, this is engagement.

Mike David - **01:00:53**

That's exactly what I told them. I said like this, this is a six month course. Like it's taken me years to, to this. Like all I can do is package it in a certain way. Right. But yeah, I, I kind of, that was my preface as well. Like this was just hip of the iceberg. I, you know, love to look at these things deeper but we're just scratching the surface today. We got 90 minutes, you know.

Michelle Bryant - **01:01:21**

Yeah, that special event.

Mike David - **01:01:25**

Yeah, it was pretty cool actually. So even the teacher that sat in, she was asking, she's now, she's now doing some of the things she signed up the wealth simple. She set up a couple automations to save.

Michelle Bryant - **01:01:43**

Yeah.

Mike David - **01:01:43**

So it was pretty awesome. And she's been giving. They added a finance portion to their curriculum recently in the last six months. I was like, well, I mean, my hope is that I can just build on whatever you're doing. So yeah, I mean that may take a life on its own as well.

Michelle Bryant - **01:02:10**

I definitely see that kind of reality. I think we talked about it at the very beginning when were first talking about the book is like, how do we build this out into our work, like workshops that we can deliver to schools and because the more people that understand how they can make it work for themselves, that's where we get to our ultimate outcome where all communities are in wealth sovereignty.

Mike David - **01:02:40**

Yep. Yeah, exactly. And one portion that we didn't get to, which would have been really cool, 30 more minutes if I had. So if you get a chance, check out the AI section because we were going to literally build a business, live with them, but we didn't get the chance to do that. So. So that would have been cool also. But, and also actually a really interesting thing was one of the kids, they kind of warned me before because I was like, look, this whole website was built over this weekend. You know, the calculator, the, you know, all of that stuff. It was literally built over the weekend.

Mike David - **01:03:28**

But they were like, there's one kid that was super against AI, like anytime he sees that we use like a image generated AI thing for our, you know, social media posts, you get super offended by it. So it was also like a good, like there's a lot of fear around AI. You know, it was just like, it was a good reminder of it that, you know, and a lot of these things are legit. Right? There's, there's, yeah, there's ethical concerns, there's economic concerns, there's environmental concerns. So yeah, that was another kind of just reinforcing that. That was good to keep in mind. There's a lot of young people, they don't know how it's going to affect their prospects, their job prospects.

Mike David - **01:04:23**

So yeah, the stimulus, it's good for a person, subset of people like us that just want to be more productive, that want to create more value, that want to do more with less and you know, we're able to go from idea to reality so much quicker. But for somebody that's coming into the economy and job market. Yeah, it's scary for some.

Michelle Bryant - **01:04:56**

So yeah, for sure. I'll get that for sure.

Mike David - **01:04:59**

Yeah,.

Michelle Bryant - **01:05:02**

Yeah, this was good.

Mike David - **01:05:04**

Yeah.

Michelle Bryant - **01:05:05**

Now we compile the transcripts.

Mike David - **01:05:07**

Yeah, yeah, exactly. Okay, so I'll probably won't get to that. We'll see. I mean, there's. There's obviously a lot going on week, so. Yeah.

Michelle Bryant - **01:05:21**

Yeah, let's. That'll be a Next week. Yeah.

Mike David - **01:05:25**

Yeah, I agree. Okay, so we'll do that,.

Michelle Bryant - **01:05:30**

And then what I'll do. I'll compile. I'll start chatting and compile the next questions for the next parts, too, like, just in advance of that. And then we can ship those afterwards, too.

Mike David - **01:05:40**

Okay. Yeah, sure. Yeah. Okay, we'll do that, but we'll keep the event the focus for the next week.

Michelle Bryant - **01:05:50**

Yeah, for sure.

Mike David - **01:05:53**

All right, cool.

Michelle Bryant - **01:05:55**

All right. Have a great day, Mike.

Mike David - **01:05:56**

Yeah, we'll talk soon.

Michelle Bryant - **01:05:58**

Bye.